Moving Toward a Healthier Spartanburg County

Based on the 2019 County Health Rankings, Spartanburg County is ranked 18th out of 46 counties in South Carolina for health outcomes, which measures length and quality of life, and is ranked 7th for health factors, which measures health behaviors, clinical care, social and economic factors, and physical environment.

Spartanburg County Demographics

Population = 306,854 a 7.4% increase from 2010

- Non-Hispanic White: 69.2%
- Non-Hispanic Black: 21.2%
- Hispanic/Latino: 6.8%

- < 18: 16%
- 18 - 64: 61%
- 65+: 23%

87.2% graduated high school in 2018
15.3% of the population had a disability
Median Household Income = $47,575
4.0% unemployment rate
Leading Causes of Death

Heart Disease
Cancer
Chronic Lower Respiratory Disease

Access to Healthcare

Insurance Status Among Adults 18-64, 2017

16.0% insured
84.0% uninsured

16.8% of adults delayed medical care due to cost

10.8 primary care physicians per 10,000 residents

3,599 avoidable emergency department visits per 100,000

1,373 avoidable inpatient hospitalizations per 100,000

Maternal and Infant Health

11.0% of infants were born prior to 37 weeks

Infant mortality rate was 6.0 deaths per 1,000 live births

Percent of Mothers Receiving Adequate Prenatal Care, 2015-2017

76.5% Adequate Prenatal Care
23.5% Inadequate Prenatal Care
### Infectious Disease

STD incidence rate of 814.1 per 100,000 residents for chlamydia, gonorrhea, and infectious syphilis. 62% of individuals with HIV are virally suppressed.

### Chronic Disease and Risk Factors

- **477.5**: All cancer incidence rate per 100,000 residents
  
- **31.5%**: Of Spartanburg county adults were obese
  
<table>
<thead>
<tr>
<th></th>
<th>Rate per 100,000 population</th>
</tr>
</thead>
<tbody>
<tr>
<td>South Carolina</td>
<td>22.2</td>
</tr>
<tr>
<td>Spartanburg</td>
<td>22.1</td>
</tr>
</tbody>
</table>

### Smoking Status Among Adults
- 19.0% Smoker
- 81.0% Non-smoker

### Maternal and Infant Health

- **8.9%** of babies were born at a low birthweight
- **79.2%** of mothers initiated breastfeeding at birth

<table>
<thead>
<tr>
<th></th>
<th>Rate per 1,000 females</th>
</tr>
</thead>
<tbody>
<tr>
<td>Spartanburg</td>
<td>24.0</td>
</tr>
<tr>
<td>South Carolina</td>
<td>23.8</td>
</tr>
</tbody>
</table>
Injury

28.1 motor vehicle crash deaths per 100,000 residents\textsuperscript{14}

The 5-year injury death rate is 80.1 deaths per 100,000 residents\textsuperscript{1}

Behavioral Health

12.6\% of adults reported binge drinking\textsuperscript{7}

The 5-year drug overdose death rate is 18.3 deaths per 100,000 residents\textsuperscript{14}

Cross-Cutting

Presence of Adverse Childhood Experiences\textsuperscript{15} Percent

<table>
<thead>
<tr>
<th>Experience</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sexual Abuse</td>
<td>11.5%</td>
</tr>
<tr>
<td>Emotional or Physical Abuse</td>
<td>35.9%</td>
</tr>
<tr>
<td>Household Dysfunction</td>
<td>49.3%</td>
</tr>
</tbody>
</table>

0.46 Gini Value: A measure of income inequality from 0 (perfect equality) to 1 (perfect inequality)\textsuperscript{3}

References

1 SC DHEC Vital Statistics, 2017
2 SC DE Office of Research and Data Analysis, 2018
3 US Census Bureau ACS, 5-year estimates 2013-2017
4 SC Department of Employment & Workforce, 2017
5 US Census Bureau SAHIE, 2017
6 SC RFA, 2017
7 SC DHEC BRFSS, 2015-2017
8 SC Office for Healthcare Workforce, South Carolina Health Professions Data Book, 2016
11 SC DHEC Division of Surveillance & Technical Support, 2017
12 SC DHEC Central Cancer Registry, 2012-2016
13 SC DHEC BRFSS, 2015-2017, age-adjusted 20+
15 SC DHEC BRFSS, 2014-2016