Moving Toward a Healthier Saluda County

Based on the 2019 County Health Rankings, Saluda County is ranked 10th out of 46 counties in South Carolina for health outcomes, which measures length and quality of life, and is ranked 25th for health factors, which measures health behaviors, clinical care, social and economic factors, and physical environment.

Saluda County Demographics

Population = 20,452 a 2.8% increase from 2010

- Non-Hispanic White: 58.4%
- Non-Hispanic Black: 24.9%
- Hispanic/Latino: 16.0%

- < 18: 19%
- 18 - 64: 59%
- 65+: 22%

77.3% graduated high school in 2018
14.5% of the population had a disability
Median Household Income = $41,885
3.9% unemployment rate
**Leading Causes of Death**

1. Heart Disease
2. Cancer
3. Stroke

**Access to Healthcare**

Insurance Status Among Adults 18-64, 2017

- **22.9%** Insured
- **77.1%** Uninsured

- **13.4%** of adults delayed medical care due to cost
- **3.0** Primary care physicians per 10,000 residents
- **2,689** avoidable emergency department visits per 100,000
- **968** avoidable inpatient hospitalizations per 100,000

**Maternal and Infant Health**

- **11.8%** of infants were born prior to 37 weeks
- **8.5** deaths per 1,000 live births

Percent of Mothers Receiving Adequate Prenatal Care, 2015-2017

- Adequate Prenatal Care: 68.7%
- Inadequate Prenatal Care: 31.3%
**Infectious Disease**

STD incidence rate of 459.6 per 100,000 residents for chlamydia, gonorrhea, and infectious syphilis\(^{11}\)

48% of individuals with HIV are virally suppressed\(^{11}\)

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**Chronic Disease and Risk Factors**

425.0

All cancer incidence rate per 100,000 residents\(^{12}\)

39.7%

Of Saluda county adults were obese\(^{13}\)

10-Year Stroke Mortality Rate\(^{10**}\)

*Rate per 100,000 population*

- South Carolina: 22.2
- Saluda: 42.3

Smoking Status Among Adults\(^{7}\)

- Smoker: 13.6%
- Non-smoker: 86.4%

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**Maternal and Infant Health**

9.6% of babies were born at a low birthweight\(^{9}\)

66.5% of mothers initiated breastfeeding at birth\(^{1}\)

Teen Birth Rate (15-19 Years)\(^{9}\)

*Rate per 1,000 females*

- Saluda: 32.8
- South Carolina: 23.8
Injury

26.0 motor vehicle crash deaths per 100,000 residents\textsuperscript{14}  

The 5-year injury death rate is 62.2 deaths per 100,000 residents\textsuperscript{1}

Behavioral Health

11.9\% of adults reported binge drinking\textsuperscript{7}  

The 5-year drug overdose death rate is 5.1 deaths per 100,000 residents\textsuperscript{14}

Cross-Cutting

Presence of Adverse Childhood Experiences\textsuperscript{15}  

<table>
<thead>
<tr>
<th>Experience</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sexual Abuse</td>
<td>9.5%</td>
</tr>
<tr>
<td>Emotional or Physical Abuse</td>
<td>37.6%</td>
</tr>
<tr>
<td>Household Dysfunction</td>
<td>35.7%</td>
</tr>
</tbody>
</table>

0.44  

Gini Value: A measure of income inequality from 0 (perfect equality) to 1 (perfect inequality)\textsuperscript{3}

References

1. SC DHEC Vital Statistics, 2017  
2. SC DE Office of Research and Data Analysis, 2018  
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