Moving Toward a Healthier Darlington County

Based on the 2019 County Health Rankings, Darlington County is ranked 38th out of 46 counties in South Carolina for health outcomes, which measures length and quality of life, and is ranked 31st for health factors, which measures health behaviors, clinical care, social and economic factors, and physical environment.

Darlington County Demographics

Population = 67,265 a 2.1% decrease from 2010

- non-Hispanic White: 55.2%
- non-Hispanic Black: 41.9%
- Hispanic/Latino: 2.0%

- < 18: 19%
- 18 - 64: 59%
- 65+: 22%

- 87.5% graduated high school in 2018
- 20.3% of the population had a disability
- Median Household Income = $36,217
- 5.3% unemployment rate
**Leading Causes of Death**

1. Heart Disease
2. Cancer
3. Stroke

**Access to Healthcare**

- **Insurance Status Among Adults 18-64, 2017**:
  - Insured: 84.8%
  - Uninsured: 15.2%

- **17.0%** of adults delayed medical care due to cost

- **7.4** Primary care physicians per 10,000 residents

- **4,988** avoidable emergency department visits per 100,000

- **1,800** avoidable inpatient hospitalizations per 100,000

**Maternal and Infant Health**

- **13.1%** of infants were born prior to 37 weeks

- Infant mortality rate was **10.0** deaths per 1,000 live births
**Maternal and Infant Health**

- **12.2%** of babies were born at a low birthweight

- **57.7%** of mothers initiated breastfeeding at birth

**Infectious Disease**

STD incidence rate of **1236.9** per 100,000 residents for chlamydia, gonorrhea, and infectious syphilis

- **64%** of individuals with HIV are virally suppressed

**Chronic Disease and Risk Factors**

- **461.2** All cancer incidence rate per 100,000 residents

- **39.1%** Of Darlington county adults were obese

**10-Year Stroke Mortality Rate**

- South Carolina: **22.2**
- Darlington: **28.6**

**Smoking Status Among Adults**

- **21.8%** Smoker
- **78.3%** Non-smoker
**Injury**

- 29.8 motor vehicle crash deaths per 100,000 residents\(^4\)
- The 5-year injury death rate is 93.3 deaths per 100,000 residents\(^1\)

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**Behavioral Health**

- 13.6% of adults reported binge drinking\(^7\)
- The 5-year drug overdose death rate is 11.6 deaths per 100,000 residents\(^14\)

**Cross-Cutting**

<table>
<thead>
<tr>
<th>Presence of Adverse Childhood Experiences(^15)</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sexual Abuse</td>
<td>11.0%</td>
</tr>
<tr>
<td>Emotional or Physical Abuse</td>
<td>35.4%</td>
</tr>
<tr>
<td>Household Dysfunction</td>
<td>49.6%</td>
</tr>
</tbody>
</table>

**Gini Value:** A measure of income inequality from 0 (perfect equality) to 1 (perfect inequality)\(^3\)

**References**

1. SC DHEC Vital Statistics, 2017
2. SC DE Office of Research and Data Analysis, 2018
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15. SC DHEC BRFSS, 2014-2016