Community Health Assessment: County Snapshot

Moving Toward a Healthier Beaufort County

Based on the 2019 County Health Rankings, Beaufort County is ranked 1st out of 46 counties in South Carolina for health outcomes, which measures length and quality of life, and is ranked 1st for health factors, which measures health behaviors, clinical care, social and economic factors, and physical environment.

Beaufort County Demographics

Population = 186,844, a 13.2% increase from 2010

- non-Hispanic White: 68.7%
- non-Hispanic Black: 18.5%
- Hispanic/Latino: 11.1%

- < 18: 26%
- 18 - 64: 54%
- 65+: 20%

- 86.0% graduated high school in 2018
- 12.8% of the population had a disability
- Median Household Income = $60,603
- 4.0% unemployment rate
Leading Causes of Death

1. Cancer
2. Heart Disease
3. Alzheimer’s Disease

Access to Healthcare

Insurance Status Among Adults 18-64, 2017

- Insured: 82.2%
- Uninsured: 17.8%

14.0% of adults delayed medical care due to cost

8.2Primary care physicians per 10,000 residents

3,324 avoidable emergency department visits per 100,000

1,151 avoidable inpatient hospitalizations per 100,000

Maternal and Infant Health

9.8% of infants were born prior to 37 weeks

Infant mortality rate was 4.0 deaths per 1,000 live births

Percent of Mothers Receiving Adequate Prenatal Care, 2015-2017

- Adequate Prenatal Care: 74.4%
- Inadequate Prenatal Care: 25.6%
Infectious Disease

STD incidence rate of 554.5 per 100,000 residents for chlamydia, gonorrhea, and infectious syphilis. 47% of individuals with HIV are virally suppressed.

Chronic Disease and Risk Factors

408.9
All cancer incidence rate per 100,000 residents.

27.0%
of Beaufort county adults were obese.

10-Year Stroke Mortality Rate
Rate per 100,000 population

South Carolina: 22.2
Beaufort: 12.6

Smoking Status Among Adults

86.3%
Smoker
13.7%
Non-smoker

Maternal and Infant Health

7.9% of babies were born at a low birthweight.

90.0% of mothers initiated breastfeeding at birth.

Teen Birth Rate (15-19 Years)
Rate per 1,000 females

Beaufort: 23.1
South Carolina: 23.8
**Injury**

14.9 motor vehicle crash deaths per 100,000 residents\(^4\)

The 5-year injury death rate is 59.7 deaths per 100,000 residents\(^1\)

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**Behavioral Health**

19.4% of adults reported binge drinking\(^7\)

The 5-year drug overdose death rate is 8.4 deaths per 100,000 residents\(^14\)

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**Cross-Cutting**

Presence of Adverse Childhood Experiences\(^15\)

<table>
<thead>
<tr>
<th>Experience</th>
<th>Percent</th>
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</thead>
<tbody>
<tr>
<td>Sexual Abuse</td>
<td>11.1%</td>
</tr>
<tr>
<td>Emotional or Physical Abuse</td>
<td>39.2%</td>
</tr>
<tr>
<td>Household Dysfunction</td>
<td>44.1%</td>
</tr>
</tbody>
</table>

0.47

Gini Value: A measure of income inequality from 0 (perfect equality) to 1 (perfect inequality)\(^3\)

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**References**

1. SC DHEC Vital Statistics, 2017
2. SC DE Office of Research and Data Analysis, 2018
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15. SC DHEC BRFSS, 2014-2016