



# Introduction

# Close your eyes and picture health. What do you see?

Quality childcare, affordable preschool, excellent schools? Good-paying job opportunities with comprehensive benefits? Well-constructed housing priced within residents' means? Sidewalks and public transportation? Parks, libraries and recreational areas? Safety? Clean air and rivers? Access to broadband? Stores with fresh produce and healthy food choices close to housing? A sense of community that welcomes all people and creates a space for their voices to be heard? Parents and caregivers who build resilience in our children? A connected community? A health care system invested in supporting people to maintain their health and achieve well-being?



## These are the factors that create the opportunity for health.

Live Healthy South Carolina aims to help communities build health through the policy, systems and environments they create. The Alliance for a Healthier South Carolina serves as the backbone organization for this collaborative effort. It seeks to use data to guide action and bring partners together to align and focus efforts to better our health.





## State Health Improvement Plan

The 2018-2023 South Carolina State Health Improvement Plan (SHIP) provides a vision for continuous health improvement. It outlines priority areas and includes strategies to improve the health of all people in South Carolina. It is a tool for health care professionals, government agencies, community-based organizations, advocates, academicians, policy makers, and other stakeholders to use to catalyze action that will leverage resources and focus work towards measurable improvement.

The SHIP's success depends on the contribution of many organizations essential to ensuring all South Carolinians reach their optimal health. Putting this plan into action can bring us together to achieve outcomes desired by organizations across multiple sectors.

Priorities in the SHIP were chosen based on data described in the State Health Assessment (SHA). The SHA is a compilation of trends and comparisons from many sources that together paint a picture of South Carolina's health. Metrics were identified so that an annual analysis of health improvement can be completed and shared.

The SHIP builds on the work of many coalitions and organizations across South Carolina. The collaborative health improvement model outlined in the SHIP accomplishes the following goals:

- Provide a review of strategies that can improve population health
- Create a focus on improving everyone's health
- Align state-level leaders from many sectors
- Call to action for state and communities



## **Common Acronyms**

<b>ACEs</b>	Adverse Childhood Experiences
<b>Alliance</b>	Alliance for a Healthier South Carolina
<b>CHA</b>	Community Health Assessment
<b>CHIP</b>	Community Health Improvement Plan
<b>SC RHAP</b>	South Carolina Rural Health Action Plan
<b>SCORH</b>	South Carolina Office of Rural Health
<b>SHA</b>	State Health Assessment
<b>SHIP</b>	State Health Improvement Plan
<b>SWOT</b>	Strategic assessment of strengths, weaknesses, opportunities and threats

# State Health Assessment



# State Health Improvement Plan



### **Live Healthy South Carolina’s process**

includes steps from the initiation of the State Health Assessment (SHA) to annual review of the State Health Improvement Plan (SHIP) metrics (timeline shown on page 10). The framework was modified from the Mobilizing for Action through Planning and Partnerships model that was developed by the National Association of City and County Health Officials.

An activity called “Decision Walk Using Data” was used to present data from the South Carolina Office of Rural Health’s Rural Health Action Plan and the SHA to inform, educate, and engage stakeholders in a robust discussion about health outcomes in South Carolina. This was conducted three times between October 2017 and January 2018. The Alliance for a Healthier South Carolina (Alliance) and other community organizations participated. Additionally, in January 2018, a modified SWOT analysis called “Forces of Change” was conducted by the Alliance members to identify issues affecting the state’s health.

Members of the Alliance based their selection of priorities for the SHIP on their review of the SHA findings, the Decision Walk Using Data activity, and the Forces of Change discussion. The group utilized the Hanlon method to vote on priorities and narrowed the results to five priority areas:

1. *Resilient Children (Adverse Childhood Experiences, Trauma and Resilience)*
2. *Chronic Health Conditions (Obesity, Hypertension, Heart Disease, Stroke and Diabetes)*
3. *Behavioral Health (Mental Health and Substance Use Disorders)*
4. *Health Care Transformation (Access to Care, Workforce and Integrated Health Care)*
5. *Factors that Affect Health (Social Determinants of Health and Health Disparities)*

Workgroups were formed to develop goals, strategies and metrics for the SHIP. They included Alliance members, subject matter experts, and members of other coalitions already working on the priority areas.

Coalitions comprised of many organizations are in place to focus attention and work on the priority areas. A compendium of assets in South Carolina that support population health improvement was compiled and is included in a later chapter.